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CAFÉ CHIANTI  
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SKILLED FORWARDS AT  
DRAFT FOR HERD {page 16}



**CHISHOLM**  
**OUSTS SAVAGE**  
**IN HRM'S LONE**  
**ELECTION FLIP**

Local coverage {pages 2 & 3}

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ADRIAN WYLD/THE CANADIAN PRESS



► Prime Minister Stephen Harper casts his vote in Calgary yesterday.

# For Tories, 3rd time's a charm

► Majority granted with 3rd straight election win ► NDP nearly triples representation to over 100 seats; becomes official Opposition

ANDREW VAUGHAN/THE CANADIAN PRESS

Stephen Harper sealed his place in the history books last night by winning a large Conservative majority to ensure four uninterrupted years of power and a seat in the Tory pantheon.

Harper joins Canada's first prime minister, Sir John A. Macdonald, and 1950s-era Tory leader John Diefenbaker as just the third Conservative ever to win three consecutive elections.

He did it with a two-note campaign focused on Canada's relative economic success in a global economy battered by deep recession, and with dire warnings of instability under any minority scenario.

Aided by an ascendant NDP that helped split the vote, Harper won his first majority after two successive minority governments that many pundits and pollsters wrongly believed marked a glass ceiling for the former Reform party founder.



► Jack Layton

The New Democrats rode a mid-campaign surge of support to an orange revolution of sorts, becoming Canada's official Opposition for the first time.

In the process, Harper and NDP Leader Jack Layton also served up a pair of historic defeats.

Michael Ignatieff's Liberals tumbled to third place in the seat standings behind the NDP with

## Percentage of vote

Results as of 1 a.m. today:

	40%
	31%
	19%
	6%
	4%

their worst showing since Confederation.

And Bloc Québécois Leader Gilles Duceppe saw his party reduced to a small regional rump — the first time since 1993 that the separatist party hasn't claimed at least half of Quebec's 75 seats.

THE CANADIAN PRESS

More national coverage {page 5}



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Risks, shmisks: Site of Japan's nuclear disaster becomes a tourist attraction.

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# Chisholm slips past Savage

► Former NDP leader manages narrow 500-vote victory over Liberal incumbent



► Robert Chisholm hugs a supporter at Neighbours Pub in Dartmouth after defeating incumbent MP Mike Savage last night.



ALEX BOULIER  
@METRONEWS.CA

The race billed as HRM's most interesting riding lived up to the hype last night.

NDP challenger Robert Chisholm unseated incumbent Mike Savage in what turned out to be a harbinger for the Liberal party's national fate.

The news came early to Neighbours' Pub in Dartmouth, where Chisholm's supporters — including a smattering of provincial NDP staff and MLAs — gathered to watch the re-

sults come in.

They cheered as a television broadcaster called the riding for the former provincial NDP leader, which came much earlier than expected. Chisholm arrived a short time later, followed by Savage who offered his congratulations to the rookie MP.

Chisholm attributed his victory to a hardy group of volunteers and, of course, the surge enjoyed by Jack Layton's campaign throughout the country.

"I think Jack was the difference. He did a great

## Riding results

- Robert Chisholm, NDP – 36%
- Mike Savage, Lib – 35%
- Wanda Webber, Con – 25%
- Paul Shreenan, Green – 4%

job," said Chisholm. "He really did change the tone of the campaign, you know he gave people a lot of hope."

Savage, who has represented the riding since

2004, also drew attention to another very different national campaign.

"When you're in a riding that has been NDP before, and when you have a national campaign that's not providing you a lot of support, you know it, you feel it. It's in your bones," Savage said.

Chisholm will join the first NDP official opposition in the history of the party. He said he doesn't know what the coming days will hold, but said he feels confident in the plan that the NDP have put forward.

## Nobody could stop Stoffer

ANDREW CALEY/FOR METRO



► A victorious Peter Stoffer last night.

It turned out to be another walk in the park for Peter Stoffer in Sackville-Eastern Shore.

The NDP incumbent easily won his sixth consecutive election, with little indication his controversial flip-flop on the long-gun registry hurt him with constituents.

About 50 of his staff and supporters cheered and congratulated Stoffer as he was declared the winner at his headquarters in Lower Sackville. He finished 9,815 votes ahead of the runner-up finisher.

"I think it validates the fact the constituents look at the overall work we've done in this riding," he said last night. "How their concerns have been represented to Ottawa and not Ottawa to here."

While he said not everyone was happy with his vote to save the long-gun registry, he reiterated it's what most of his constituents wanted.

## Riding results

- Peter Stoffer, NDP – 54%
- Adam Mimmagh, Con – 31%
- Scott Hemming, Lib – 11%
- John Percy, Green – 4%

The Conservatives planned to make the registry vote a ballot question in the riding, and challenger Adam Mimmagh was eager to mention it.

But Stoffer said the main issue he was confronted with most while on the campaign was health care.

Even on the night of his federal victory, he told reporters to not count him out when it comes to HRM's mayoral election in 2016.

"We'll see what happens, but I do know this — I will finish the mandate," he proclaimed.

● ANDREW CALEY

# Keddy takes sixth win as MP

## Riding results

- Gerald Keddy, Con 43%
- Gordon Earle, NDP 36%
- Derek Wells, Lib 17%
- Kris MacLellan, Green 4%

Make that six federal election wins in a row for Gerald Keddy.

The Conservative MP was again successful in the riding of South Shore-St. Margaret's, winning by more than 1,000 votes against second-place finish-

er Gordon Earle of the NDP. For Earle, it's the fourth time in a row he's lost to Keddy in the riding, and the third time he's finished as runner-up.

There was talk this could be a pick-up for the NDP, with party leader Jack

Layton visiting the riding during the campaign.

But in the end, Keddy won handily, finishing with more than 2,800 more votes with three polls still to report late last night.

● PHILIP CROUCHER





► Geoff Regan celebrates his narrow victory in Halifax West with his family at Brewster's pub in Bedford last night.

## Regan put to test in Halifax West

► 'Tough night' for incumbent as he barely holds on to seat ► First turn in political arena for Ash and Pretty



JENNIFER TAPLIN  
@METRONEWS.CA

Liberal incumbent Geoff Regan conceded defeat a little too soon.

NDP's Gregor Ash was up more than 1,000 votes when CBC called it. Regan conceded defeat on a radio interview and congratulated his opponents.

"It was a roller coaster and I've been declared politically dead before," Regan said before his acceptance speech.

Regan first won the Halifax West seat in 1993, then lost it in 1997. The former lawyer was re-elected in 2000 and has held it ever since.

The mood was sombre at his party headquarters

### A very tight race

- Geoff Regan  
Lib — 36%
- Bruce Pretty  
Con — 31%
- Gregor Ash  
NDP — 29%
- Thomas Trappenberg  
Green — 4%

at Brewster's pub in Bedford before the numbers turned around.

"I knew there was a lot of undecided (votes) and there were a lot of people who weren't prepared to say how they were going to vote so that left lots of questions," Regan said.

Across town at the St. Mary's Boat Club, Ash said they did everything they

could. "You never know how the votes are going to go," he said. "We were ahead for most of the night and that felt good, and it'll feel good the next time I run and we close the gap even more and hopefully win."

Regan said he thinks a lot of voters were watching the national scene and reacting to it.

"I think we'll have to review what happened and analyze this, but for the moment I'm very happy with the result in Halifax West and very encouraged," he said.

Even later in the night — shortly before midnight — Conservative Bruce Pretty pulled ahead of Ash in the runner-up spot with 539 votes over third-place Ash.

## Leslie wins Halifax by wide margin

NDP incumbent Megan Leslie made sure everyone in the packed room at St. Mary's Boat Club knew her dress was pink — not red — during her acceptance speech last night.

Leslie won the Halifax riding by getting almost 12,000 more votes than the second-place finisher. But, she said she wasn't exactly surprised.

"We felt the momentum, we felt this strength as a party," Leslie said in an interview. "We haven't changed our message at all. We're still talking about the issues we care about."

Leslie said she has an incredible team to thank for the results. However, she feels that her community-based approach to politics has been what has helped her have a strong following in the Halifax riding.



► Megan Leslie celebrates her win last night.

"I see being an MP as being a part of the community and bringing community ideas to Ottawa," she said. "And I think people appreciate that."

Liberal Stan Kutcher finished second in the riding with 26 per cent of the vote.

"I was so pleased I had so

### Runaway race

- Megan Leslie  
NDP — 52%
- Stan Kutcher  
Lib — 26%
- George Nikolaou  
Con — 18%
- Michael Dewar  
Green — 4%
- Tony Seed  
ML — 0.3%

many people working so hard on this campaign," he said. "I feel disappointed that I wasn't able to deliver better for them."

Despite last night's results, Kutcher said he plans to run in the next election — whenever that may be.

"One thing's for sure — we're going to have another election in Canada," said Kutcher. "I just don't know when." ● TERRA CIOLFE

## Politics as usual across the province

No other ridings across the province changed hands last night during the federal election, as it will be more of the same in the House of Commons. Below is a list of the results from Nova Scotia's other six ridings. Overall, Nova Scotia finished with four Conservatives, four Liberals and three NDP victories.

### Central Nova

Peter MacKay, Con 57%  
David Parker, NDP 25%  
John Hamilton, Lib 15%  
Matthew Chisholm, Green 4%

### West Nova

Greg Kerr, Con 47%  
Robert Thibault, Lib 36%  
George Barron, NDP 13%  
Ross Johnson, Green 3%

### Kings Hants

Scott Brison, Lib 40%  
David Morse, Con 37%  
Mark Rogers, NDP 20%  
Sheila Richardson, Green 4%

### Cumberland-Colchester-

### Musquodoboit Valley

Scott Armstrong, Con 52%  
Wendy Robinson, NDP, 23%  
Jim Burrows, Lib 18%  
Jason Blanch, Green 5%  
Jim Hnatuk, CHP 1%

### Cape Breton-Canso

Roger Cuzner, Lib 46%  
Derrick Clarence Kennedy, Con 31%  
Marney Jeanne Simmons, NDP 20%  
Glen Carabin, Green 3%

### Sydney-Victoria

Mark Eyking, Lib 40%  
Cecil Clarke, Con 38%  
Kathy MacLeod, NDP 19%  
Chris Milburn, Green 3%

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# City's grant funds need 15% cut: AG

► AG report focused on transactions between April 1, 2009 and March 31, 2010 ► Reduction of grants and donations should be a priority: Report



► Bridgewater's Whitney Lohnes carries the Nova Scotia flag during the closing ceremonies of the Canada Games in February. Larry Munroe, HRM's auditor general, is advising council to reduce its grant program by at least 15 per cent with the exception of one-time events like the Canada Games.



JENNIFER  
TAPLIN  
@METRONEWS.CA

The city needs to cut its grants program by at least 15 per cent and make several efficiency improvements, according to the auditor general.

A detailed report was recently released regarding HRM's grants and sponsorship programs.

This report does not examine the \$400,000 cash advance given to a concert promoter last year by former Chief Administrative Officer Wayne Anstey.

That particular report is still in progress.

"Significant cost savings can be achieved from an extensive assessment of the costs and benefits of grants and contributions programs," Larry Munroe, HRM's auditor general, wrote in his report.

He suggests a similar level of support can be achieved even with the 15 per cent cut.

He said special, non-recurring applicants like the Canada Games and the Nova Scotia Farmers' Market would not be included in the 15 per cent cut.

## Report findings

► "With 57 different access points, multiple processes and varying timelines, the administrative costs of these programs could be significant."

- From the auditor general's report on HRM grants program.

In the 29 recommendations, Munroe suggested HRM overhaul several policies and make sure grants and sponsorships align with council's objectives.

"HRM currently has a very large number of access points for accessing grants and contributions along with a very large number of possible grants programs available," Munroe wrote, adding this process needs to be streamlined and centralized.

He also suggested all transactions should be publicly reported on an annual basis.

Other recommendations suggest the grants committee should have greater authority, and eligible recipients should be rotated.

## Timeline

► The winning shipyards will be chosen this summer.

ment Standing committee who forwarded the recommendation to council.

● JENNIFER TAPLIN

# Public safety is our top concern: Police chief

Halifax Regional Police Chief Frank Beazley published a public letter yesterday in response to the spate of violent crime over the last few weeks.

Beazley said the recent spike in homicides, shootings and stabbings comprise "an increase in the degree of violence and a cluster of crimes in a short period of time."

The people involved in the homicides and attempted homicides, according to Beazley, "are almost always ... people who are involved in crime and are known to one another."

"That being said, it's of



► Halifax Regional Police Chief Frank Beazley

grave concern to police when shootings occur in public places," he wrote.

Beazley reiterated public safety remains HRP's top concern, and said the force has devoted "significant resources" to solving the crimes. ● METRO

## THREATS COMPLAINT

## Cop's case delayed

A suspended Halifax Regional Police officer was scheduled to have his case before the courts for the first time yesterday but it was adjourned until next month.

Const. Sam Saade, 33, is charged with breach of trust, threats and intimidation of a justice participant. The new date set for Halifax provincial court is June 6.

The charges stem

from an incident in June 2010 when police say they received a threats complaint from a member of the public.

Police believe the victim was threatened over his involvement in an incident that led to a man being arrested for impaired driving.

A civilian also charged in the alleged incident was scheduled to appear yesterday in separate proceedings but his case was adjourned until Friday.

Daren Ronald Tracey is facing charges of intimidation of a justice participant and uttering threats. ● ALY THOMSON

## Worker's relatives say fine not enough

Relatives of a Nova Scotia worker who died after inhaling a chemical that caused his lungs to fill with fluid say the \$45,000 fine levied against his employer is just a "slap on the hand" for a giant drug manufacturer. Sepracor Canada pleaded guilty yesterday for failing to provide venting for Roland Daigle, who died after inhaling fumes so toxic they triggered a buildup of fluid in his lungs over an 18-hour span.

THE CANADIAN PRESS

## Charges pending for stolen dog

Charges are pending against two people involved in an alleged home invasion in Lower Sackville, where several things were taken, including a pit bull.

Halifax RCMP say at about 4:30 p.m. Sunday, two men entered a house on Smokey Drive with one carrying a handgun. Money and electronics were also allegedly stolen.

A 19-year-old male was home at the time, but uninjured. Police say the pit bull belonged to the resident. ● METRO

# Shipyard looking for support from council

Irving Shipyard is looking for HRM council's endorsement.

A recommendation will be put before council today asking for their support in Irving's bid for a federal shipbuilding contract.

Irving is one of five shipyards shortlisted for the contracts that will be worth

\$30 billion over the next 30 years.

Two shipyards will be chosen: one will build combat ships and the other will focus on non-combat vessels. According to the staff report, Irving Shipyard employs 1,200 people with a payroll of more than \$70 million.

The report says the contract for combat vessels would be a huge boost to the future of shipbuilding in Halifax and provide more stable jobs in skilled trades.

Representatives from Irving made a presentation to the Community Planning and Economic Develop-



# Atlantic Liberal fortress gives way to Tory tide

► **Tories, NDP benefit from Liberal implosion in Atlantic Canada**



The fortress of Liberal support in Atlantic Canada crumbled yesterday, giving way to a blue tide that has the Conservatives holding the most seats in the region for the first time in more than a decade.

The NDP were also benefactors of the Liberal implosion, expanding its base of support in two urban areas.

Liberal MP Dominic LeBlanc of New Brunswick acknowledged that last night's results dealt a major blow for the Grits.

"It's a difficult night for our party," said LeBlanc, who was re-elected in Beausejour.

"Tonight the tide is obvi-

ously running against us, but I don't think it means the end of the Liberal party at all."

Liberal support on the East Coast has eroded steadily since 2004, when they won 22 of the region's 32 seats. They now have 12 MPs, and for the first time since 1997 returned fewer representatives to Ottawa than the Tories, who elected 14 members yesterday.

In New Brunswick, where the Conservatives won eight of those seats, Keith Ashfield was ecstatic.

"It's just incredible," said Ashfield, the minister for the Atlantic Canada Opportunities Agency.

"It sends a strong message that the province is very supportive of our federal government."

THE CANADIAN PRESS



► Jack Layton watches the election results with his wife, Olivia Chow, in the presidential suite at the Intercontinental Hotel yesterday in Toronto.

## Conservatives dominate in battleground Ontario

A historic election that will see the Conservatives form a majority government and the NDP surge to second place is making waves in Ontario.

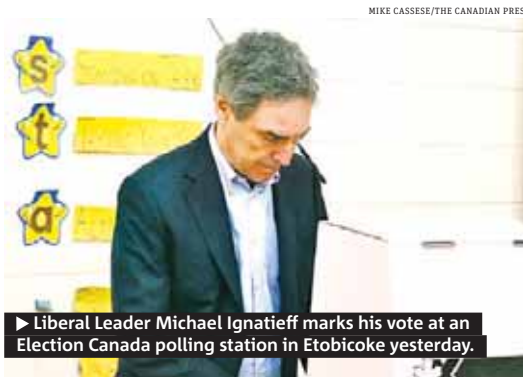
Returns from yesterday's federal election show the Conservatives dominating with 44 per cent of the popular vote and 55 seats in the province.

The NDP have switched places with the struggling Liberals, taking 19 seats

with 28 per cent of the popular support compared to just three seats and 23 per cent for the Grits.

In 2008, the Tories won 51 seats in Ontario and 39.2 per cent of the popular vote. The Liberals took 38 seats (33.8 per cent) and 17 (18.2 per cent) went to the NDP.

Liberal Leader Michael Ignatieff lost his own Toronto seat in Etobicoke-Lakeshore, ensuring he



► Liberal Leader Michael Ignatieff marks his vote at an Election Canada polling station in Etobicoke yesterday.

won't be around to lead the Liberals when Canadians next go to the polls October 2015 under Harper's fixed election date law.

NDP Leader Jack Layton and his wife, Olivia Chow, both retained their seats in Toronto while cabinet ministers Tony Clement and Jim Flaherty were also re-elected.

Meantime, hockey legend Ken Dryden lost his bid for a fourth term in

York Centre while Helena Guergis failed to hang on to her riding of Simcoe-Grey as an Independent to Tory candidate Kellie Leitch.

THE CANADIAN PRESS



For more election coverage and results, go to [metronews.ca/halifax](http://metronews.ca/halifax)

### Election tweets



Early election results were leaked out on Twitter. The tweets, many of which carry the hashtag "#tweettheresults," were visible to everyone.

- @NaomiAKlein May this usher in the true end of the Bush Era, and that includes you Stephen Harper. #binladen #outwiththeold #elxn41 #cdnpoli
- @EmmMacfarlane Rumour has it Bin Laden

died of a heart attack after seeing NDP polling numbers. #cdnpoli #elxn41

► @DemocracyCanada Stephen Harper breaks election rules, campaigns on radio on election day <http://exm.nr/m3Vff3> #cd-

npoli #elxn41 via @starstriding

► @spaikin never met a more pompous returning ofcr than at layton's voting stn. As the media arrived, she shouted to the others: "battle stations!"

- @Forian Atlantic Canada Results 7:58 p.m. EST LIB: 10 NDP: 8 CON: 7 #cdnpoli #electionday #elxn41 #elx41 #tweettheresults #fed2011 #vote
- @MowatCentre Our two year old happily went to vote because we promised

Smarties. I think we're on to something to boost turnout . . .

► @scottfeschuk Oh, so now CBC is going to pretend they didn't show us anything. WE CAN'T UNSEE WHAT'S BEEN SEEN, Peter. TORSTAR NEWS SERVICE

# Details emerge on secret Osama hunt

► As part of Islamic tradition, bin Laden's remains wrapped in white sheet ► Buried in North Arabian sea

U.S. officials revealed details yesterday of the daring raid in Pakistan in which elite American forces killed Osama bin Laden — and how they confirmed that the man they killed was the world's most-wanted terrorist leader.

Bin Laden, the al-Qaida leader and architect of the Sept. 11, 2001, attacks, was shot in the head in a fire-fight in Pakistan Sunday night. He was then quickly buried at sea, in a stunning finale to a furtive decade

on the run.

Obama administration officials said DNA evidence confirmed the death. White House officials were mulling the merits and appropriateness of releasing a photo.

Three adult males were also killed in the raid, including one of bin Laden's sons, whom officials did not name. U.S. officials also said one woman was killed when she was used as a shield by a male combatant, and two other

women were injured.

The compound is about half a mile from the Kakul Military Academy, an army-run institution for top officers in the bustling, hill-ringed town of around 400,000 people.

Officials said bin Laden was killed at a compound north of Islamabad. White House counterterrorism adviser John Brennan said that U.S. forces would have taken bin Laden alive if they had the opportunity.

THE ASSOCIATED PRESS



► Swiss-born Carmen Binladin, who separated from Osama Bin Laden's older brother Yeslam 20 years ago, said at a Geneva hotel yesterday that her former brother-in-law would have chosen death over capture. Binladin spells her surname differently than Osama and his family.

## Americans celebrate killing of bin Laden

Joyous at the release of a decade's frustration, Americans streamed to the World Trade Center

and the White House to celebrate the death of Osama bin Laden — cheering, waving flags and belting the national anthem.

In front of the White House, a crowd gathered before President Barack Obama addressed the nation late Sunday to declare, "Justice has been done." THE ASSOCIATED PRESS



► A man looks at newspapers at the Newseum in Washington after Osama bin Laden was killed.

## New bin Laden tape recorded before death may soon surface

U.S. intelligence officials believe Osama bin Laden made a recording shortly before his death and expect that tape to surface soon.

A U.S. official says that intelligence indicates it is already working its way through al-Qaida's media pipeline.

A new recording from

bin Laden would provide a final word from a terrorist who taunted the U.S. with recorded propaganda for years.

THE ASSOCIATED PRESS

# Osama's death not a celebration: Canadians

## Canadian view

Many Canadian families of victims say bin Laden's death is forcing them to relive the pain. Some say they wish resolve had come sooner.

► Ellen Judd of Winnipeg, whose partner Christine Egan was killed in New York, took an optimistic view, saying bin Laden's death highlights just how far global relations have come in the past decade.

"I think that if we look back on this, we can see that what's really impor-

tant is that people to whom Osama bin Laden was appealing have, for the most part, rejected his call to violence," she said.

► Hans Gerhardt, whose son Ralph died while working as a bond trader at the World Trade Center, wondered why it took so long to eliminate one of the most wanted men in the world but said he wouldn't quibble over the outcome.

"You would have hoped this would have come earlier, but this day is as good as any day."

Celebrations marking the death of Osama bin Laden kicked into high gear in the United States yesterday but many of the Canadians most personally affected by the news refrained from joining in.

Family members of the 24 Canadians killed on Sept. 11, 2001, struggled to come to terms with news that the mastermind behind the attacks had been killed.

"It's kind of a muted victory," said Hans Gerhardt, whose son Ralph died while working as a bond trader at the World Trade Center.

Erica Basnicki, whose fa-

**"I am not celebrating because it doesn't bring our son back."**

HANS GERHARDT, WHOSE SON WAS KILLED WHILE WORKING AT THE WORLD TRADE CENTER

ther Ken was killed while on a business trip to New York, said she was overwhelmed by a flood of conflicting emotions when she woke up to news of bin Laden's death.

Images of public celebrations in the United States troubled Basnicki, despite her personal an-

tipathy for the late al-Qaida leader. The death of a man she believes can be "easily replaced" marks the end of just one effort to eradicate terrorism, she said.

Cindy Barkway, who has raised her two children alone since losing her husband David in the World Trade Center attack, said, "I hope it's true. But I don't know if I feel like celebrating. It doesn't change much of my reality."

Basnicki admits to a sense of relief that bin Laden can no longer orchestrate terrorist attacks, but says her emotions are tempered by fear that his

slaying will prompt retaliation from other extremist groups.

Fears of reprisals were stoked by al-Qaida's vehement pledges of vengeance, as well as condemnation from Hamas and other hardline Islamic regimes.

Those threats, however, couldn't dampen the emotions of one mourning parent.

Aurora Santos said she still struggles with the death of her son Ruffino.

"I was so happy that finally justice has been done already," she said from Richmond, B.C.

THE CANADIAN PRESS

# RIM on the ropes with new phones

► Debuts two BlackBerry Bold models and PlayBook apps ► But analysts say it's not enough in cut-throat market

Research In Motion may be waiting too long to debut its new generation of BlackBerry's early next year in the competitive smartphone market, analysts say.

"The BlackBerry phones need a fresh start now," Sascha Segal, PC Magazine's lead mobility analyst, said yesterday from the BlackBerry World Conference in Orlando, Fla. "Without a major change to their

software, they're not going to attract new developers and consumers."

The Canadian smartphone maker announced two new BlackBerry Bold models with an upgraded operating system and some software applications at its annual conference.

However, it's not what analysts believe is critical to RIM's future. RIM has seen a decline in its market posi-

tion, especially in North America. In early 2012, it will launch a line of BlackBerry "super phones" with the same QNX operating system as its new PlayBook tablet.

Analyst Anil Doradla, of U.S.-based William Blair & Co., says the market could very well change by the time RIM launches its new smartphones, and RIM will have to make good on its

promises for the QNX-based BlackBerrys.

"From an investor's

point of view, it will be a credibility issue," he said.

THE CANADIAN PRESS

## Market moment

TSX



- 10.28  
(13,934.51)

Dollar



- 0.49¢  
(105.17¢ US)

Oil



- 41¢ US  
(\$113.52 US)

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# TRYING TO CATCH UP FOR LOST TIME

## SHE SAYS ...

JESSICA NAPIER  
METRO



around to it.

They say don't do tomorrow what you can do today. And I try, I really do. I repeat this mantra over and over again, but I always wind up pushing those nagging tasks to the back of my mind until it's too late. When faced with an unwanted chore I'm too willing to delegate the task to Future Jessica.

I thought that once I had pulled my final all-nighter and left my student lifestyle behind I would stop cramming for exams and grow out of my counterproductive tendencies. And yet here I am, years later and I'm still leaving things to the last minute.

There are tons of tasks — both big and small — that I

**“There are tons of tasks — both big and small — that I avoid day in and out. From scrubbing out the dirt in between the keys on my MacBook to changing the light bulb that burnt out in 2009 there is no chore I won't ignore. I have become a certified hesitator, an expert dawdler.”**

We all have bad habits: Smoking, nail biting, littering. For me, procrastination is one particular vice that I would like to give up for good — if I could just get

around to it. They say don't do tomorrow what you can do today. And I try, I really do. I repeat this mantra over and over again, but I always wind up pushing those nagging tasks to the back of my mind until it's too late. When faced with an unwanted

chore I'm too willing to delegate the task to Future Jessica. I thought that once I had pulled my final all-nighter and left my student lifestyle behind I would stop cramming for exams and grow out of my counterproductive tendencies. And yet here I am, years later and I'm still leaving things to the last minute.

There are tons of tasks — both big and small — that I avoid day in and out. From scrubbing out the dirt in between the keys on my MacBook to changing the light bulb that burnt out in 2009, there is no chore I won't ignore. I have become a certified hesitator, an expert dawdler.

Why do so many of us spend our time avoiding the inevitable?

There are plenty of excuses; perhaps you “work best under pressure” or are easily distracted or there just aren't enough hours in the day. But I think we all realize that, ultimately, procrastination isn't really about time management at all.

The desire to postpone those less than exciting tasks doesn't come down to scheduling; it's all about choice, and maybe a little

anxiety. I didn't file my tax return at 8 p.m. on April 30 because I didn't have time; it was because I really, really didn't want to do it.

Knowing you should do something and putting it off regardless is a psychological problem, not an organizational one.

Starting the job, whether it's an unruly pile of laundry or a long list of emails that need replies, is always the hardest part. The key is to reframe these tasks in your mind — don't focus on the hard work associated with studying for a test but the satisfaction you will get from finishing it.

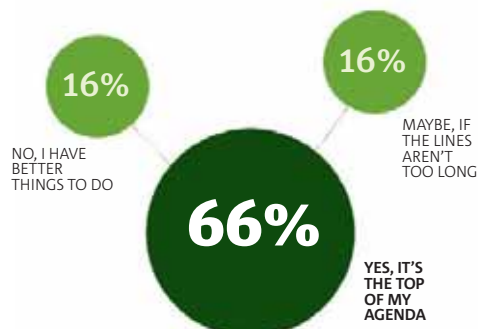
When we take the time (pun intended) to rethink our reasons for delaying and dilly-dallying then we might actually figure out how to move past this bad little habit ... eventually.

Read more of Jessica Napier's columns at [metronews.ca/shesays](http://metronews.ca/shesays)



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Are you hitting the polls Monday?



## Worth mentioning

**NEW YORK.** Governments worldwide are developing new tools to censor reporters as the media increasingly moves online, the Committee to Protect Journalists said yesterday.

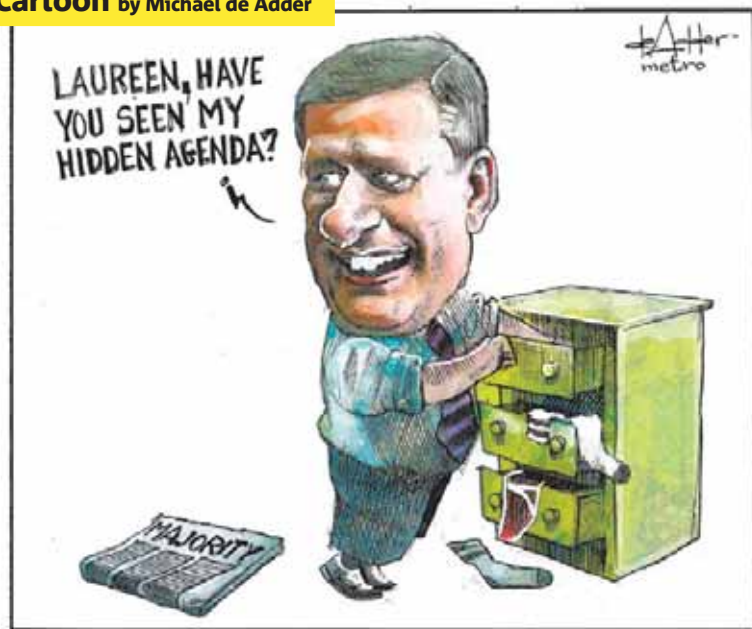
In a report released on the eve of today's World Press Freedom Day, the committee said 69 journalists whose work appears mostly online were jailed as of Dec. 1, representing almost half of all reporters imprisoned worldwide.

The press advocacy group said the sophisticated censorship techniques are often coupled with physical intimidation of online journalists.

“These sophisticated, often invisible, attacks constitute a new front in the fight for press freedom,” said Danny O'Brien, CPJ Internet Advocacy Co-ordinator and the report's author.

O'Brien said the techniques go well beyond web censorship, with governments using the Internet to spy on writers and sabotage independent news sites. “The aim is not only to censor but to block or disrupt the reporting process and the dissemination of news and information,” he said. **THE ASSOCIATED PRESS**

## Cartoon by Michael de Adder



## WEIRD NEWS

### Treasure trove unearthed in backyard

A trove of medieval jewelry and other precious objects found by a man working in his backyard includes pieces made for a royal court and may be worth as much as \$142,000, Austrian government experts said yesterday.

The officials from Austria's department of national antiquities and the Academy of Sciences said they were only at the beginning of their investigation into the provenance and other

details of the find.

“We have in front of us high-end products (made) for the highest consumer class of central Europe” of the Middle Ages, academy member Thomas Kuehtreiber told reporters as security guards revealed some of the rarer pieces.

The Federal Office for Memorials said the trove consists of more than 200 rings, brooches, ornate belt buckles, gold-plated silver plates and other pieces or fragments, many encrusted with pearls, fossilized coral and other ornaments. It says the objects are about 650 years old. The location of the find lies on an important medieval trading route that ran between Poland and Italy, officials said.

**THE ASSOCIATED PRESS**



# No easy workouts for actress Mendes

► New EasyTone products from Reebok help give a boost to work out routine by providing extra resistance



JANINE  
FALCON  
SCENE@METRONEWS.CA

"I'm just like everyone else," says Eva Mendes. "I do not enjoy going to the gym, but I do it because I have to do it for my mind, for my body, for my soul, and for my career."

And that fitness is not on her list of fun things to do makes the actress a relatable spokesperson for Reebok EasyTone, the athletic-wear brand's line of toning apparel and shoes.

"What I like about EasyTone is that they help me fit more exercise in when I'm running around," Mendes explains in a recent interview with Metro.

"Easy" may be part of the Reebok toning technology name, but don't make the mistake of thinking this is clothing that works hard FOR you. In fact, it's apparel that makes YOU work harder. Although the shoe looks like a regular sneaker, the EasyTone shoe sole features an air chamber that compresses as it hits pavement. It simulates the balance ball movement, creating an imbalance that forces the

## Where to buy

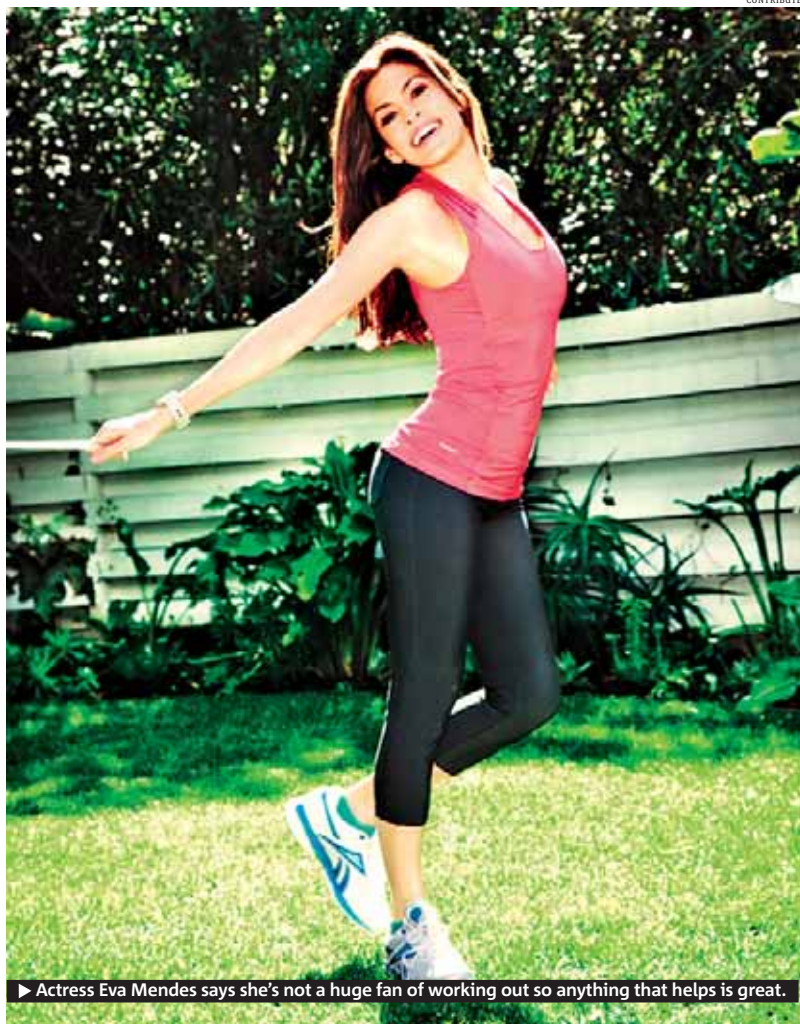
► **Sport Chek.** The EasyTone shorts are \$54.99, EasyTone shoes are \$109.99, and the EasyTone Sleeveless top is \$64.99. Available at Sport Chek locations across Canada.

wearer to work a little harder as she walks.

"I love the idea of killing two birds with one stone. You're already going to be out there running errands, running around with your kids or your dog," notes Mendes, who says she wears hers to walk and hike. "So why not use a shoe that helps you out and tones you up a bit while you're doing it?"

The clothing features high-tech tension fabric bands at the shoulders, between the shoulder blades, at the torso, and, in the pants, at the hamstrings, to create muscle resistance as the wearer walks or runs.

"The thing I love about the clothes is that they support everything, give you a nice shape, and remind you to maintain your posture," says Mendes.



► Actress Eva Mendes says she's not a huge fan of working out so anything that helps is great.

# 2

  
scene

## Scene in brief



Teen star Selena Gomez has been announced as co-host of next month's MuchMusic Video Awards. The Wizards of Waverly Place star will also perform at the annual bash, to be held June 19. Gomez will share the hosting duties with MuchMusic VJs.

THE CANADIAN PRESS



Charlie Sheen tours tornado damage in Alabama, says he wants to organize relief event

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## DVD Releases this week Buy it [5 coins] | Rent it [3 coins] | Borrow it [2 coins] | Yawn [1 coin] | Don't bother [0 coins]



► Kato (Jay Chou) and The Green Hornet (Seth Rogen)

**The Green Hornet****Genre:** Action**Director:** Michel Gondry**Stars:** Seth Rogen, Jay Chou

You can see where schlubby Canuck Seth Rogen comic and his co-writer Evan Goldberg are coming from. Tired of the usual heroic clichés and

time-wasting exposition, they set out to mock the whole process.

Yet at the same time, they can't resist buying into the superhero myth.

The standard razzmatazz still feels like work even when it's being played for supposed laughs. Reid fusses about

finding the right name, getting the right car and establishing motivation (the playboy needs to prove his stern dead papa was wrong about him).

The fact that Rogen's Green Hornet actually is a party animal — his real identity is the spoiled L.A. newspaper heir Britt Reid, who doesn't even read — only makes the matter all the more confusing.

Meanwhile, Reid's trusty assistant Kato, played by Taiwanese pop star Jay Chou, obviously didn't get the memo about the film being a parody. He plays the conventional superhero sidekick, coming perilously close to a racist Asian stereotype.

Chou does all the heavy lifting, both literally and dramatically, while Rogen cracks wise and takes all the credit — the combo never really clicks. It's just one of the film's many

gags that attempt to run but stumble instead.

Putting Michel Gondry in charge of direction was an idea that equally fails to pay dividends. The French fabulist's action sequences lack flair — including the slow-mo pre-views of violence to come, a direct steal from Sherlock Holmes.

Gondry's cluelessness is most apparent in his handling of co-stars Christoph Waltz and Cameron Diaz.

Waltz is wasted in the role of an L.A. crimelord who suffers from esteem issues. Diaz is equally under-employed as an ace reporter forced to toil as Reid's personal secretary. As Rogen and Gondry now realize all too well, it's hard to be klutzy and cool at the same time, especially when you're not sure why you're doing it in the first place.

● PETER HOWELL

**Curling****Genre:** Historical drama**Director:** Denis Côté**Stars:** Emmanuel Bilodeau, Philomène Bilodeau

The films of Quebec's Denis Côté are not the cinema of conventional narrative or easy resolution. Not a single line of dialogue is wasted and every carefully composed frame requires study.

Côté makes finely wrought studies of people trapped in time and space, human ciphers who are mysteries even to themselves.

Yet Curling, the most polished of Côté's five features since 2005, presents us with his most emotionally involving characters:

father and daughter hermits Jean-François and Julevonne, played by real-life father and daughter Emmanuel Bilodeau and Philomène Bilodeau.

We can't help feeling for their dilemma, even as we dread that something terrible might be hidden behind their awkward smiles. Set in deep winter in a remote Quebec village, where the cold constrains emotions, the film's deceptive quietude keeps us on edge, wondering what's really going on.

And a keen appreciation that we're witnessing the most accomplished work yet of a new Canadian auteur, but of a new Canadian master.

● PETER HOWELL

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# Aussies give Bieber not so eggcellent treatment

► Bieber mania hit Australia and then at least two Aussies hit back on stage and in air

Justin Bieber is having a rough time in Australia.

An audience member at a recent concert reportedly pelted the stage with eggs, nearly hitting the teen sensation with two of them, according to X17 Online.

But the sea-

soned performer didn't miss a beat at Saturday night's performance in Sydney.

Then on the plane home, Bieber was reportedly labeled a flight risk for refusing to stay

in his seat when the seat-belt sign was illuminated, according to Sky News.

A Qantas flight attendant reportedly told Bieber that he "had been acting like a child and would therefore be treated like one."

● METRO



## Sheen's divorce dues ex-actly same



► Brooke Mueller and Charlie Sheen

Charlie Sheen and Brooke Mueller are officially divorced.

With the process completed this week, it has been six months after the initial petition to end their marriage, according to TMZ.

Mueller is set to re-

ceive \$55,000 a month in child support, the website reports, adding that the legal documents have an interesting note: "Under no circumstances shall the child support paid by Charlie for [Mueller's sons] Bob and Max be less than the child

support paid by Charlie to Denise Richards for [her daughters] Sam and Lola."

Mueller will also receive \$1 million for her share of the couple's home, of which Sheen will retain ownership.

● METRO



► Justin Bieber

GETTY IMAGES

### Celebrity tweets

@RobLowe



"At ground zero now. Everyone together. No separate religions or political parties. Just people. Americans together; proud."

@SethMacFarlane



"Now that we've seen his birth certificate, I want to see proof that President Obama is black."

@JennyMcCarthy



"We should have sent TMZ out to find OSAMA years ago. They find everyone."

## ScarJo and Penn seen together again

Scarlett Johansson attending this past weekend's White House Correspondents' Dinner on the arm of her fraternal twin brother, Hunter Johansson, but it wasn't long before she was by the side of rumored boyfriend Sean Penn.

According to the Washington Post, sources spotted Penn give Scarlett his tuxedo jacket to keep warm, and the pair were photographed holding hands as they left an after-party later that night.

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# 3 life

## Vitamins



When it comes to buying dietary supplements, advice from the pharmacy is far more reliable than advice from health food stores. A study found that the amount of advice that was accurate from health food stores was seven per cent.

CELIA MILNE



Canada's Medical Hall of Fame  
inducting 6 new 'heroes' to its ranks



ISTOCK PHOTOS

► Taking a multivitamin is connected with the habit of indulgence, a new study shows.

# Health or hedonist

► People taking multivitamins tend to reward themselves with hard partying, study shows



CELIA  
MILNE  
LIFE@METRONEWS.CA

Maybe we're all on a health teeter-totter. When we do something healthy, we often follow it up with something unhealthy.

Call it normal human behaviour.

An intriguing new study in Taiwan has shown that people who have taken a multivitamin tend to reward themselves by indulging in unhealthy behaviour (such as partying).

In the study, 82 people were divided into two groups: those who were told they were taking a multivitamin and those who weren't. The vitamin supplement group was more likely to take part in risky behaviours such as casual sex, sunbathing, wild parties, and excessive drinking than the group that didn't think they were taking a multivitamin. Those who thought they were taking a supplement also had a lower desire to exercise, to have a healthy meal, or to go for a

**"People may simultaneously seek to maintain good physical health and to pursue the hedonic goal of leading a pleasurable life."**

DR. WEN-BIN CHIOU

long walk.

"In general," lead author Dr. Wen-Bin Chiou of National Sun Yat-Sen University told Metro in an email, "people may simul-

taneously seek to maintain good physical health and to pursue the hedonic goal of leading a pleasurable life. But after achieving ostensible progress toward the health goal by taking dietary supplements, they may feel entitled to reduce their efforts in this regard and pursue pleasurable activities."

Taking a multivitamin seems to be connected with the notion of invulnerability and indulgence.

The phenomenon works in reverse as well. "On the other hand," he

notes, "engagement in activities that pose health risks tends to motivate individuals to engage in acts that will restore health." An example of this is overeating and then taking a diet pill.

Chiou warns that people who take vitamin supplements need to be aware of the vicious cycle of doing something they perceive as healthy followed by an act of self-indulgence.

The study is to be published soon in the journal Psychological Science.







# Café Chianti continues to serve up delicious cuisine

► The eatery relocated after a fire but retains its elegant décor & savoury eats

## LUNCH RUSH

VALERIE MANSOUR  
FOOD@METRONEWS.CA



Café Chianti moved to Barrington Street last year, several months after a fire in its historic South Street cellar home. Although lacking the romantic ambience of its



► **Café Chianti**  
1241 Barrington St.  
423-7471  
Social lunch: Yes  
Price range: \$\$\$  
Rating: 4.5 out of 5



► Beef Stroganoff a la Kiev, Café Chianti's speciality.

former spot, it is decorated elegantly, including the original murals.

Chianti's service is proficient and friendly. The menu features Northern Italian and Eastern European cuisine.

My friend has the Lunch Special (\$14.95): a sand-

wich of melted fontina cheese and capicola meat on toasted Panini. It tastes great with melted cheese oozing out of it. The side ginger orange soup has a fine balance of flavours.

I try a restaurant specialty: Beef Stroganoff a la Kiev. It's a rich, generous

serving of pappardelle (broad egg noodles) with slivers of tender beef mixed with mushrooms, zucchini, carrots, dill and chives, and sour cream.

No room for dessert, but we sip excellent coffee, happily delaying our return to work.

## Antioxidant Snack Mix

With less butter, less sugar and more fibre and antioxidants, this snack mix doesn't have to be reserved just for parties. Portion out a few servings in plastic bags at the beginning of the week for a satisfying grab-and-go snack.

monds and icing sugar. Reseal and shake to coat.

4 Spread mix on waxed paper and cool. Refrigerate in container up to 1 week.

THE CANADIAN PRESS

### Preparation:

- 1 Line large sheet pan with waxed paper. In large resealable plastic bag, place cereal and cranberries.
- 2 In microwavable bowl, add chocolate chips, almond butter and margarine. Microwave on high heat, uncovered, for 1 minute. Stir. Heat for another 30 seconds. Stir until smooth.
- 3 Pour chocolate mix into plastic bag, seal and shake to coat. Add almond flour, al-

### Ingredients:

- 750 ml (3 cups) multi-grain cereal squares
- 750 ml (3 cups) fibre cereal twigs
- 250 ml (1 cup) sweetened dried cranberries
- 175 ml (3/4 cup) dark chocolate chips
- 175 ml (3/4 cup) almond butter
- 125 ml (1/2 cup) enriched butter
- 175 ml (3/4 cup) almond flour
- 50 ml (1/4 cup) sliced almonds
- 175 ml (3/4 cup) icing sugar

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# SEARCHING FOR COUPLE-FRIENDS

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ANGELA PACIENZA & DEREK CHEZZI  
2FORCOUPLES.COM  
TWITTER: @SMUGMARRIEDS

### How do we meet new like-minded couples?

#### Angela says ...

Take a look at your common interests and find social events where people are doing things you enjoy.

Join a co-ed soccer or dodge ball league. Take a cooking class. Love music? Get out to concerts and chat up people near you after the show. Derek and I have also met great couples

while travelling.

It's amazing how easy it is to strike up friendships once you find you're both from the same city. Try using a simple "You sound Canadian. Where are you from?" Love board games? Cafés and pubs are popping up across the country where folks gather to play Scrabble or Ticket to Ride.

#### Derek says...

Angela's approach requires investing a lot of time and energy, both of which are in short supply.

If you're looking for a quick way to boost your inner circle, friends of friends are your best bets.

Host a cocktail party, inviting a few couples and ask each to bring along an entertaining and engaging couple you've never met but with whom you'd get along.

You're bound to find at least one gem in the bunch.

# For richer, for poorer

## ON MONEY

ALISON GRIFFITHS  
MONEY@METRONEWS.CA



Kate and Will's nuptials kicked off the wedding season in fine, albeit expensive, style. If you're thinking of following suit — even if you can't afford the dress — you will, no doubt, have a long To Do list.

One item at the top should be, wait for it,

### Wedding stats

- Financial stress is the number one cause of marital break up.
- Most popular wedding month, June — 10.8 per cent of marriages.
- The least popular — January — 4.7 per cent.

### Money rule

- A pre-nuptial credit check can save pain and shame down the road.

checking out each other's credit report. I suggested this recently at a women's conference. "That is sooo intimate!" declared one attendee. "Too intimate!" agreed another.

True enough. Exposing this side of your life — especially if there's an underbelly to it — is the ultimate test of a relationship. But knowing each other's credit score and history avoids unpleasant surprises.

A couple I worked with on my television show, Maxed Out, had been together two years when they applied for a mortgage. Up popped a raft of delinquent, and unrevealed, loans on the



► Dress, cake, credit check

women's credit report. They bought the house but had to borrow from a higher interest lender. Eventually the financial stress caused by the payments felled their marriage.

Examining your credit report annually is a good practice in any case. My husband and I just discovered that our truck loan, paid off last year, still lingers as unpaid.

The government requires the two major credit

reporting agencies, TransUnion (transunion.ca) and Equifax (equifax.ca), to provide free credit reports. You have to apply by mail. A full credit report, plus your credit score, will cost you around \$25 from either agency and you can apply on-line.

It may not seem very romantic, but a credit report check-up is an important step for couples who want to build a sound financial foundation.

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4  
sports

## Quoted



**The deciding Game 7 of the QMJHL semifinal between the Quebec Remparts and Gatineau Olympiques will be played tonight at 8 p.m. at Pepsi Coliseum in Quebec City. The Olympiques tied the series on Sunday with a 4-0 win. The winner will face the Saint John Sea Dogs in the best-of-seven final starting Thursday. The Sea Dogs have been idle since sweeping the Lewiston Maineiacs in the other semifinal.**

# Herd looking to score with No. 4

► **Mooseheads have bevy of skilled forwards to choose from with fourth overall pick**



**MATTHEW WUEST**  
@METRONEWS.CA

The Halifax Mooseheads, and every other team in the QMJHL, would love to select Nathan MacKinnon on draft day.

But picking fourth overall, the Mooseheads will probably end up with someone other than the top-ranked Cole Harbour standout on June 4 in Victoriaville, Que.

Here's a look at Central Scouting's Top 5 prospects after MacKinnon, with position, height, weight and comments from QMJHL director of scouting Patrick Charbonneau.

**Jonathan Drouin (C, 5-9, 153 pounds)**

Finished fourth in scoring in the Quebec AAA ranks. "He's a smaller player but he has a tremendous work ethic and hockey sense," Charbonneau said. "He's a tremendous passer."

**Anthony Duclair (C, 5-10, 155 pounds)**

Finished just one point behind Drouin, his teammate, in Quebec midjet

AAA scoring. "Maybe only Nathan MacKinnon is a better skater than him," Charbonneau said. "He's scored some amazing goals. He's got quick hands and can deke goalies. He has Pavel Datsyuk kind of skill."

**Jeremy Gregoire (C, 5-11, 187 pounds)**

All-around force potted 28 goals in 38 games. "Jeremy might be a captain as early as 17," Charbonneau said. "He's the most complete player in the draft and his work ethic is amazing."

**Guillaume Gauthier (C, 5-10, 161 pounds)**

Another scorer who was slightly less productive than the players ranked ahead of him. "He moves the puck really well, he scores big goals, has a tremendous shot and he's a big offensive threat," Charbonneau said.

**Alexandre Belanger (G, 6-0, 171 pounds)**

The draft's top-ranked goaltender. "He reminds me a lot of Carey Price," Charbonneau said. "Even when he's facing a hard shot, he makes it look easy. He's calm and confident."



► Guillaume Gauthier, shown here after a Quebec loss at the Canada Winter Games, is among the players the Mooseheads may consider if they can't get Nathan MacKinnon.

## Rainmen owner will have 'plan in place' by mid-May

The group hoping to launch a new Canadian minor professional basketball league has targeted May 12 for a decision on whether it will move forward.

Halifax Rainmen owner Andre Levingston said yesterday he will remain in Ontario this week to explore potential franchises that could join a new circuit with the Rainmen,

Saint John Mill Rats and Quebec Kebs.

The Rainmen, Mill Rats and Kebs dropped out of the Premier Basketball League last month.

"We'd like to have our plan in place (on May 12) and announce what we're doing," said Levingston, who hasn't ruled out the possibility of joining an existing league if things don't pan out.

Levingston and Mill Rats president Ian McCarthy visited London, Ont., last week and have met with representatives from a number of other cities.

The group has said it needs a minimum of five teams to make a new league work. Moncton, N.B., is also being considered.

● MATTHEW WUEST

### SPRINT CANOE-KAYAK

## Selection trials moved to Dartmouth

A last-minute schedule change has forced the Canadian sprint canoe-kayak team to hold its first set of selection trials on Lake Banook in Dartmouth on Saturday and Sunday.

The event was original-



ly scheduled to be held in Montreal, but unplanned emergency repair work being done by the city left Olympic Basin water levels too low for competition.

The trials feature numerous Olympians and will be used to select the national team that will compete at the first World Cup event in Europe later this spring.

Andrew Russell of Dartmouth will compete at the event. ● METRO



**Game 2. Bruins win**


▶ Hammonds Plains native Brad Marchand takes a shot on goal against the Flyers last night.

PAUL BERESWILL/GETTY IMAGES

## Krejci gives Bruins OT win over Flyers, 2-0 lead in series

David Krejci scored 14:01 into overtime and the Boston Bruins beat Philadelphia 3-2 last night to take a 2-0 lead in the Eastern Conference semifinal series. Tim Thomas was phenomenal in net, stopping 46 straight shots after the Flyers took a quick 2-0 lead. Krejci fired a one-timer from one knee that ricocheted off the back of the net and back onto the ice. Play continued until officials could review the call. But the goal was clearly good. **THE ASSOCIATED PRESS**

# Defensive battle

- ▶ Both Vancouver Canucks and Nashville Predators expect stingy defence to continue
- ▶ Canucks allowed a league-fewest 185 goals all season, Predators were third with 194

In Nashville, it's dubbed the Predator Way: Work hard, scrap, defend at all costs and score just enough timely goals to win.

Nashville certainly isn't changing its ways in the Western Conference semifinals.

"We're OK with the hard stuff," Nashville coach Barry Trotz said yesterday after practice. "If anybody's been around us

... we haven't done anything easy ever. The harder it gets, it might sound sick, but we get really good when it gets hard. Great resiliency, and I expect us to up our compete level and conviction level even higher."

The Predators evened their series with Vancouver at 1-1 by pushing the Canucks into double overtime before winning 2-1 Saturday night. Only three



CANUCKS



PREDATORS

▶ Time: 10 p.m.  
Channel: CBC

goals have been scored in the first two games, and the Canucks are bracing

for more of the same tonight for Game 3.

These teams feature two of the three Vezina Trophy finalists; Canucks goalie Roberto Luongo and Pekka Rinne of Nashville. Vancouver may have scored more goals in the regular season than anyone in the NHL, but the Canucks also held opponents to a league-fewest 185 goals. Nashville was third, allowing 194.

Canucks coach Alain Vigneault said both teams also play very well without the puck.

"There's not a lot of room. There's not a lot of time out there to make plays, and (Rinne is) a good goaltender. You've got to give him credit. I didn't expect coming into this these would be high-scoring games, and they haven't been so far," he said. **THE CANADIAN PRESS**

## Sacramento gets another shot

The Kings and the NBA gave Sacramento one last chance to prove it deserves to be an NBA city.

Now it's up to Mayor Kevin Johnson and the business community to come up with a viable plan for a new arena after so many failed attempts in the past.

"This is one of the proudest moments of my life because the community believed when no one else did," Johnson said yesterday. "We kept believing. And if you believe, anything is possible."

The decision by the Maloof family to keep their

team in Sacramento rather than apply for relocation to Anaheim, Calif., is only temporary. Co-owner Joe Maloof and NBA commissioner David Stern made clear that the team will leave after next season if an arena plan is not in place.

**THE ASSOCIATED PRESS**

## Norwich back in Premiership

Norwich was promoted to the Premier League yesterday after a six-year absence from England's top flight.

Paul Lambert's side ensured it would finish in the League Championship's top

two by beating Portsmouth 1-0 after third-place Cardiff was beaten 3-0 by Middlesbrough. Norwich was also promoted from the third tier last season.

**THE ASSOCIATED PRESS**

## Hawks shock Bulls in Game 1

Joe Johnson scored 34 points and the Atlanta Hawks beat Derrick Rose and the top-seeded Chicago Bulls 103-95 last night in Game 1 of the NBA Eastern Conference semifinals.

The Bulls got a major scare when Rose came up limping at the end of the game. Their MVP candidate stepped on Jamal Crawford's foot as he dribbled out the final seconds. Without Rose, the Bulls will be hard-pressed to pull out a series win over Atlanta. The Hawks went on a 15-2 run that bridged the third and fourth quarters to turn a 69-65 deficit into an 80-71 lead with 10:27 remaining. Johnson hit three three-pointers and scored 11 points during that stretch, and the Hawks hung on.

Game 2 is tomorrow night in Chicago.

**THE ASSOCIATED PRESS**

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Classified - That Ain't Classy



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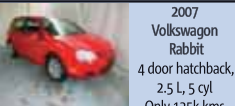
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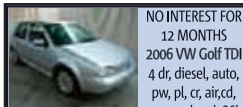
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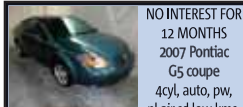

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## Cars &amp; Trucks for Sale



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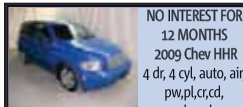
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pl, 77k,  
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## Cars &amp; Trucks for Sale

## Cars &amp; Trucks for Sale



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only 13k,  
\$14,985 \$58. weekly \$0 down  
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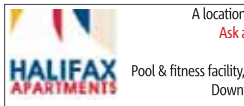



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## Community Events

National Scrapbook Day May 14th  
Make cards? Scrapbook? 5 spaces left for my ALL DAY EVENT. Only \$25 for the full day! Please call 471-7797 for the rest of the details!

Supportive Housing for Young Mothers (SHYM) is hosting their 2nd annual Mom's Day Cabaret & Silent Auction. May 7 2011, 7-9pm, NSCC's Waterfront Theatre, 80 Maw-tai Place, Dartmouth.  
For More Info, contact Charmaine at 465-2213, or visit [www.shym.ca](http://www.shym.ca)

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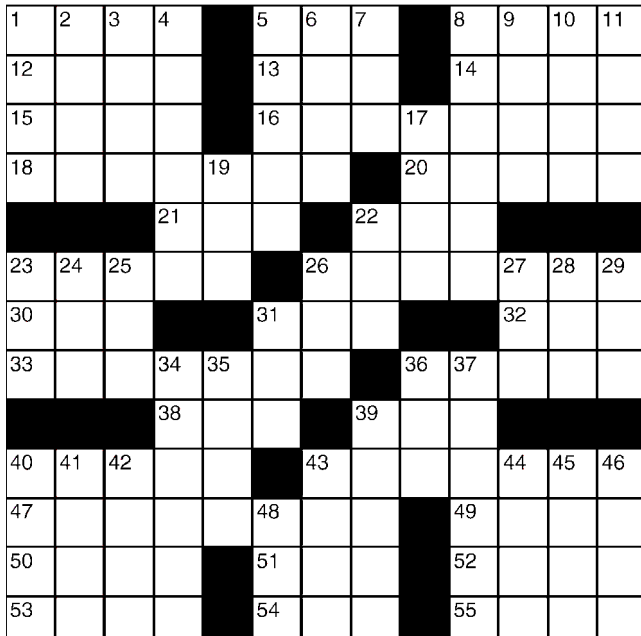
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## Crossword

### Across

- 1 Teen's woe  
5 "El —"  
8 Hand warmer  
12 Haul behind  
13 Modern-day evidence  
14 Norway's capital  
15 Deep sound from a bell  
16 "Swiss Family —"  
18 Big name in TV dinners  
20 Exposed  
21 Resistance measure  
22 Energy  
23 Canyon  
26 Noted NYC avenue  
30 Lawyers' org.  
31 Lustrous black  
32 Exist  
33 Springfield surname  
36 Moolah  
38 Choose  
39 Baby food  
40 Flight component  
43 State capital on the Pearl River  
47 "Locksley Hall" poet  
49 Beige  
50 Oodles  
51 — out a living  
52 Right on the map?  
53 Longings  
54 Slithery fish  
55 Experts  
**Down**  
1 Tosses in  
2 Cornfield invader  
3 "Peter Pan" pooch  
4 One full of Christmas spirit?  
5 PC insert  
6 Privy to



- 7 Slight touch  
8 Address for a French friend  
9 Cold War abbr.  
10 Iceberg chunk  
11 Loving  
17 Footnote abbr.  
19 That woman  
22 Cistern  
23 Petrol  
24 Kimono closer  
25 Aries  
26 Chaps  
27 Pouch  
28 Bobby of hockey lore

- 29 Born  
31 Make marginalia  
34 "1,000 — of light"  
35 Agile  
36 Fond du —, Wis.  
37 Maintenance  
39 "What's My Line?" group  
40 Remain  
41 Far (Pref.)  
42 Unsigned (Abbr.)  
43 Gag  
44 Cicatrix  
45 Approximately  
46 Crazy  
48 Witness

### ► Yesterday's answer



## Sudoku



## How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

### Yesterday's answer ►



## Send a KISS

You can now post your kiss, and read even more kisses, online at [metronews.ca/kiss](http://metronews.ca/kiss).

To Hermosa Caracolita Heleny. I love you so much my beautiful little snail girl! You're the most special and beautiful I've ever had in my whole life and all I want to have forever! Thanks for giving me the opportunity to be in your life! You make me the happiest man in the entire universe! I Love You!! Never forget it!! From Tu Eternamente Enamorado CARLITOS

Dear honey bunny, i know that you always do sudoku and other stuff in metro, and i wanted you to know that im really happy that savage introduced us last year. love you lots <3 From YOUR OTHER HALF  
Rudy, In the past three years we have been through a lot. We have hurt eachother in more ways than one. I hope our friendship last a lifetime. I will always have a special place for you in my heart. From BEST FRIEND

## Today's horoscope

♈ **Aries** March 21-April 20 You need to get serious about your cash flow situation.

♉ **Taurus** April 21-May 21 Aim for the sky today and for the rest of the week — you'll reach it with ease.

♊ **Gemini** May 22-June 21 You don't have to do anything special, but you do have to think — deeply.

♋ **Cancer** June 22-July 22 Think of all the times you've held back in the past and regretted it. Act now.

♌ **Leo** July 23-Aug. 23 If you are in any way dissatisfied with your lot, now is the time to make changes.

♍ **Virgo** Aug. 24-Sept. 22 Be positive at all times and in all things, and you'll thrive.

♎ **Libra** Sept. 23-Oct. 23 If money is a problem don't be afraid to ask others for assistance — they'll help because they believe in you.

♏ **Scorpio** Oct. 24-Nov. 22 Be more open about what you desire.

For today's crossword answers and for expanded horoscopes, go to [metronews.ca](http://metronews.ca)

♐ **Sagittarius** Nov. 23-Dec. 21 Do something today that brings the freshness back into your life.

♑ **Capricorn** Dec. 22-Jan. 20 No matter how cautious you may be most of the time this is a day when you can be bold.

♒ **Aquarius** Jan. 21-Feb. 18 Your home life is a bit tense at the moment.

♓ **Pisces** Feb. 19-March 20. Just trust that fate in its wisdom knows what you need. It always does. — SALLY BROMPTON

## Caption contest



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Write a funny caption for the image above and send it to [play@metronews.ca](mailto:play@metronews.ca) — the winning caption will be published in tomorrow's Metro.

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- ▶ increase safety
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- ▶ extend the life of your car
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- ▶ minimize harmful exhaust emissions

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### Get your car serviced regularly

A mechanic will check your brakes, tires, fluids, filters and other key areas to make sure that your car runs optimally.

**Read your owner's manual** Your owner's manual has a very useful section on maintenance specific to your vehicle, clearly outlining the maintenance schedule you should follow, whether it is kilometre or time specific.

### Talk to your dealer's service department

They can put you on a regular maintenance program, and they'll even call to remind you when it's time for your next servicing.

### Continue regular servicing after warranty

People tend to do a good job at keeping their car regularly maintained during the warranty period, but after the warranty is up, people often forgo their regular check-ups.

*At the end of the day, a regularly maintained vehicle will also be a safer and more reliable vehicle for you, your family and everyone who shares the road.*

## Did you know?

A poorly maintained vehicle can boost fuel consumption by up to 15 percent, according to Natural Resources Canada.

We could cut smog emissions such as nitrogen oxide emissions by 12 percent and volatile organic compounds (VOCs) by 30 percent if everyone maintained their cars regularly, states Environment Canada.

A well-maintained vehicle is also safer, more reliable and could be worth more when it comes time to sell or trade it in.



**Call your dealer to keep your vehicle running smoothly and safely down the road.**